

Basic first aid:

Engineering structures and mechanisms: Industrial Technology

Answers

Activity 1

There are three levels of consciousness. Place the appropriate term below next to its description:

- unconscious
- fully conscious
- semi-conscious.

State	Description
fully conscious	the casualty is responsive and alert and aware of time and place
semi-conscious	the casualty is drowsy or confused
unconscious	the casualty is unresponsive

If the casualty responds by answering and appears conscious or is semi-conscious, place them in the recovery position and monitor breathing, pulse and consciousness.

Activity 2

Place these basic first aid steps in the correct order:

- Observe and reassess the casualty's vital signs regularly.
 - Check the casualty's condition and get help if needed.
 - Send someone for help.
1. Check the casualty's condition and get help if needed.
 2. Send someone for help.
 3. Observe and reassess the casualty's vital signs regularly.

The casualty may not respond to your efforts. If the casualty does not respond:

- shout for help
- check the airway.

Their airway may be blocked. Ensuring a clear airway is essential to allow the casualty to breathe. Check the airway is open and clear.

Activity 3

Place these steps required to clear an airway in the correct order:

- Lift the jaw forward to open the mouth.
 - Lay casualty on their side and clear any obstructions.
 - Support and lift the chin to open the airway using a pistol grip.
 - Place your hand on the forehead and gently tilt the head back.
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1. Lay casualty on their side and clear any obstructions.
 2. Place your hand on the forehead and gently tilt the head back.
 3. Support and lift the chin to open the airway.
 4. Lift the jaw forward to open the mouth.

Try to avoid excessive head tilt if injury to the neck is suspected. If head tilt is necessary, tilt the head just enough to open the airway.

For further information on first aid visit the St John Ambulance web site
<http://www.stjohn.org.au/guide.htm>.